

Lipedema Series Part I: An Introduction to Lipedema **By Dr. David Amron**

[Lipedema](#) is an often-misdiagnosed fat storage condition affecting millions of our national and global population. It primarily occurs in the legs, specifically the anterior thighs, knees and ankles. Often, it will also appear in the upper arms in later stages. It develops [appearance of tree-like, column-like legs](#), with disproportionate fat storage and a lot of non-pitting edema, or excess swelling.

A lot of times there's a cuff around the ankles in lipedema patients. It's different from obesity and fat legs. Obesity is being overweight, and "fat legs" may just be a part of genetic disproportion, but with lipedema, there's also prominence of swelling, and again, that sort of column-like look to the leg.

Commonly there's a genetic inheritance component to lipedema. It occurs almost exclusively in women, and usually appears after puberty and progressively gets worse. It affects approximately 11 percent of the female population — [17 million women in the U.S.](#) and 370 million women worldwide. For the most part, lipedema is resistant to diet and exercise.

As lipedema progresses, patients experience a series of symptoms including: discomfort, pain, heaviness and numbness. These symptoms get increasingly worse, and they begin to affect a person's mobility and quality of life, causing decreased ability to move as easily, and that usually affects the ability to exercise, too. At later stages, it can even put a person in a wheelchair or possibly make them bedridden.

Don't miss Dr. David Amron on PBS's American Health Journal discussing lipedema. The segment can be viewed once it has aired here: www.thedoctorshow.com. More details below:



On Sunday, January 25, 2014 @ 5:00pm the popular PBS long-running health show, **American Health Journal** will be running an amazing segment dedicated to Lipedema education and awareness.

The segment will feature Lipedema Surgeon Dr. David Amron and a very brave patient who will discuss this debilitating disease that is rarely talked about.

Please encourage your friends, family and colleagues to tune in so we may continue to raise awareness about this rarely discussed disease that affects millions.

When: Sunday, January 25, 2015 @ 5pm
Rerun: Thursday January 29, 2015 @ 5:30am
Rerun: Saturday, January 31, 2015 @ 5:30pm