

Amron MD

Lipedema Series Part III: Liposuction for Lipedema Treatment

By Dr. David Amron

[Lipedema](#) is a complicated disease and it's still being understood. It's not only a problem of the lymphatic vessels itself, but also a fat storage problem, as well as a metabolic-hormonal component. Many doctors who only approach treating the lymphatic aspect don't really understand the disease completely in terms of how important the fat storage part is along with it.



Before

After



Before

After

One of the most crucial elements of liposuction for lipedema patients is that the surgeon approaches it in a lymphatic-sparing way. I strongly believe doing the surgery under purely [tumescent local anesthesia](#) is the best approach, and it's lymphatic sparing so it doesn't damage the lymphatics.

There are several advantages to this approach. First, it's much safer as an approach, and as mentioned, it's lymphatic sparing. Second, it helps prepare the tissue by reducing the bleeding during the surgery and getting a much more pure removal of the fat. Lastly, it's very important in terms of patient positioning, which is vital to lipo-sculpture, especially with lipedema patients.

For liposuction in general, the recovery time is about a year to see the final results. But this is also true for lipedema patients, in particular. Patients tend to experience swelling after the surgery because many times it's the lower part of the legs, calves and ankle area, where swelling generally takes longer to subside. Usually the final results appear at 12 months. At the six-month mark, most patients have about 75 to 80 percent of their final improvement. At the three-month mark, they see about 50 to 60 percent of their final improvement.

Today, I am happy to be making a change by bringing greater awareness and hope to those living with lipedema. My approach to treating the condition brings about beautiful, natural-looking results in a fast, painless, and reliable manner. In fact, most patients won't even have to endure anesthesia.



Liposuction for Lipedema Treatment

Millions silently suffer from lipedema while searching for a cure. The only proven lipedema treatment is liposuction, and it's essential to know the safest approaches. Do lipedema patients require a certain type of liposuction? What's tumescent local anesthetic? Why is it important to have lymphatic-sparing liposuction? Will liposuction cure lipedema? What's the recovery time?

Part III of the Lipedema Series By Dr. David Amron provides you with answers, recommendations and most importantly: hope.