

LA: The 5 Best Places to Go for Lunchtime Lipo

BY LAURA SCHREFFLER | HAUTE BEAUTY, NEWS | SEPTEMBER 7, 2016



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Let's face it, Los Angeles is the home of plastic surgery procedures. Because of this, everyone is constantly looking for the next best thing—the most non-invasive, the quickest, the best. Here, we've whittled down the craziest new weight loss procedures on the market that—yes—you can do during your lunch break (lunchtime lipo, as those in the know say). Here, we explore five procedures—and what you can expect from each.

SCULPSURE

WHAT IT IS: **SculpSure** is the world's first FDA-cleared laser treatment for non-invasive lipolysis of the flanks and abdomen. It's a state-of-the-art, controlled light-based technology, ideal for patients looking to get rid of stubborn fat.

HOW LONG WILL IT TAKE: 25 minutes per area after your initial consultation.

WHAT TO EXPECT: Paddles will be attached to you for 25 minutes. You'll initially feel some heat, and then a cooling, but it isn't uncomfortable and you can even work while you're attached to the machine. It's completely easy, painless and fast. The downside: like most weight loss treatments, you'll need 4-6 sessions before you see any truly noticeable results.

*Available through **Dr. David Amron**, 450 N Roxbury Dr #400, Beverly Hills, (424) 394-1610*